



DEVON ORIENTEERING CLUB

Devon Summer MapRun League 21

Exeter City Centre

Friday 2nd July – Sunday 11th July



General Information: This is Devon's fourth outing in our **Summer MapRun League**. Come along and explore Exeter City Centre whilst running a 1 hour Score event.

Organiser & Queries: Email Matt Atkins at <mailto:maprun@devonorienteeing.co.uk>

Planner: Matt Atkins

Directions and Parking: Various car parks available in and around the city centre. On street parking also available in nearby locations. Head for the cathedral at EX1 1HS.

Terrain: City centre streets and footpaths.

Map: 1:7500 scale OpenOrienteeringMap.

Course information: Score event using the MapRun app. You have 60 minutes to go from the Start to the Finish via as many controls as you can. Gain 20 points per control. Lose 10 points per minute – or part minute over the 60. Visit our MapRun pages for info on getting and using the app: <https://www.devonorienteeing.co.uk/category/maprun>

For those that already have been using MapRun, there is a new version: **MapRun6**. We advise that you uninstall any older versions and install this new version.

Course Opening Times: The course will be open from **6pm on Friday 2nd July through to 8pm on Sunday 11th July**. You can run the course at any time of your choosing during this period. The course will be closed after this period.

Meet up: There will be an informal meet up outside the cathedral at EX1 1HS ([What3Words figure.recall.older](#)) on **Sunday 4th July from 9am to 10am**. Matt will be on hand to provide printed maps to those that need them and to offer help with using the MapRun app. Please tick the box on RaceSignUp if you are coming to the Meet up.

Start & Finish Locations: The Start is the War Memorial on Cathedral Green. The Finish is a lamp post SW of the Start.

Entry details: Seniors £4 / Juniors £2. Online entry only via: <https://racesignup.co.uk/site/event.php?eventid=2173>

Please note: Due to safety and insurance reasons under 16's must be accompanied on their run by an adult.

Once you have entered you will be emailed a copy of the map on the day the course opens. If you enter after the course has opened we will email you a map as soon as we can.

If you need a map printed, this can be collected at the Meet Up.

Unlike a conventional orienteering event, where you pick up your map after punching the start, you will have the opportunity to study the course and plan your route before you start. You are welcome to do this but we would ask that, for reasons of fairness, you refrain from looking at other competitors tracks in the results section of the MapRun app before you have completed your own run.

League information: This is the fourth of our **Summer Maprun League** events. The League is very low key and informal, just to provide a bit of competition for those who are keen! There are 6 events in the series, best 3 results to count towards your final League position. Scoring will be 100 points for the winner of each event, 99 for second, 98 for third etc. You are welcome to run the course as many times as you like over the 10 days that

it will be open, but only your **first** run will count towards the League. As this is the first time we have put on a League like this, there may be updates / clarifications to the rules as we go along!

Remaining Dates / Locations:

- **Budleigh Salterton** - Course open from 6pm Friday 18th June through to 8pm Sunday 27th June. Meet up: 9am – 10am Sunday 20th June.
- **Exeter City Centre** – Course open from 6pm Friday 2nd July through to 8pm Sunday 11th July. Meet up: 9am – 10am Sunday 4th July.
- **Exmouth** - Course open from 6pm Friday 16th July through to 8pm Sunday 25th July. Meet up: TBC.
- **Ottery St Mary** – Course open from 6pm Friday 23rd July through to 8pm Sunday 1st August. Meet up: TBC.

Results:

Final results for each course will be published on the website as soon after each event as we can. MapRun has its own set of results which you can access on the app, therefore allowing you to follow progress of the results as people participate. You can run the course as many times as you like but only your **first** run will count as your result for the League.

Safety Info: Every effort will be made to ensure the event is safe for competitors and the public. We ask that at all times you adhere to the government's guidance on social distancing and follow the British Orienteering's Code of Conduct which can be found

at:https://www.britishorienteering.org.uk/COVID19_Safe_Orienteering

It is vital that all attendees at this event act as ambassadors for the sport of orienteering at all times and consider how their actions may appear in the eyes of landowners or members of the public. Anyone who has symptoms of COVID-19, who is living in a household with someone who has a possible or confirmed COVID-19 infection, or who has been asked to isolate by NHS Test and Trace should remain at home.

You enter and participate entirely at your own risk.

For safety and insurance reasons under 16's must be accompanied on their run by an adult.

As this is a 'run in your own time' event there will not be any First Aid cover.

As always with urban events your biggest danger will be traffic! **There are a lot of buses that regularly enter and leave the city centre so please be vigilant.**

Please be courteous to other people you come across in the area. Take care crossing all roads and keep an eye out for cyclists, pedestrians, as well as cars etc. Oh, and other orienteers! Please be especially careful on narrow paths and lanes and round unsighted corners.

To minimise risk please choose a quiet time of day to run. Perhaps take advantage of the light summer evenings. Remember that safety is more important than results.

Check the weather before travelling and let your next of kin know where you are going.

The area is almost entirely hard paved. Please choose appropriate footwear.

Bright/fluorescent clothing is advisable.

A Risk Assessment has been completed for this event.