



DEVON ORIENTEERING CLUB

Devon Summer MapRun League 21

Ottery St. Mary



Friday 23rd July – Sunday 1st Aug



General Information: This is Devon's final outing in our **Summer MapRun League**. Come along and explore Ottery whilst running a 1 hour Score event. You will note that the dates for this run overlap slightly with the Exmouth run. We wanted to conclude this League by the end of July, partly because many people will be heading up to Scotland for the Six Days, and partly because Steve Perrelle has a series of MapRun activities on Dartmoor starting in August.

Organiser & Queries: Email Matt Atkins at <mailto:maprun@devonorienteering.co.uk>

Planners: Chris Perry & John Chesters

Directions and Parking: Canaan Way car park EX11 1EQ. Charges Monday – Saturday 8am – 6pm £1 per hour. Free other times.

Terrain: Urban streets and footpaths along with nearby country lanes and footpaths.

Map: 1:10000 scale OpenOrienteeringMap.

Course information: Score event using the MapRun app. You have 60 minutes to go from the Start to the Finish via as many controls as you can.

Gain 20 points per control. Lose 10 points per minute – or part minute over the 60. Visit our MapRun pages for info on getting and using the app:

<https://www.devonorienteering.co.uk/category/maprun>

For those that already have been using MapRun, there is a new version:

MapRun6. We advise that you uninstall any older versions and install this new version.

Course Opening Times: The course will be open from **6pm on Friday 23rd July through to 8pm on Sunday 1st August**. You can run the course at any time of your choosing during this period. The course will be closed after this period.

Meet up: There will be an informal meet at Canaan Way car park EX11 1EQ ([What3Words adverbs.theory.clap](http://What3Words.adverbs.theory.clap)) on **Sunday 1st August from 9am to 10am**. Matt will be on hand to provide printed maps to those that need them and to offer help with using the MapRun app. Please tick the box on RaceSignUp if you are coming to the Meet up.

Start & Finish Locations: The Start is a path junction in adjacent park. The Finish is a picnic bench on the South edge of the car park.

Entry details: Seniors £4 / Juniors £2. Online entry only via:

<https://racesignup.co.uk/site/event.php?eventid=2200>

Please note: Due to safety and insurance reasons under 16's must be accompanied on their run by an adult.

Once you have entered you will be emailed a copy of the map on the day the course opens. If you enter after the course has opened we will email you a map as soon as we can.

If you need a map printed, this can be collected at the Meet Up.

Unlike a conventional orienteering event, where you pick up your map after punching the start, you will have the opportunity to study the course and plan your route before you start. You are welcome to do this but we would ask that, for reasons of fairness, you refrain from looking at other competitors tracks in the results section of the MapRun app before you have completed your own run.

League information: This is the last of our **Summer Maprun League** events. The League is very low key and informal, just to provide a bit of competition for those who are keen! There are 6 events in the series, best

3 results to count towards your final League position. Scoring will be 100 points for the winner of each event, 99 for second, 98 for third etc. You are welcome to run the course as many times as you like over the 10 days that it will be open, but only your **first** run will count towards the League. As this is the first time we have put on a League like this, there may be updates / clarifications to the rules as we go along! Speaking of which, if 2 people have the same score at the end of the League the countback system will be as follows: Next best score (i.e. if they have run more than 3 events their next best score will count), Best individual score in the events they have run, Number of events they have participated in. If this doesn't separate people then I will have to think of something else!

Remaining Dates / Locations:

- **Exmouth** - Course open from 6pm Friday 16th July through to 8pm Sunday 25th July.
- **Ottery St Mary** – Course open from 6pm Friday 23rd July through to 8pm Sunday 1st August. Meet up: Sunday 1st August 9am - 10am.

Results:

Final results for each course will be published on the website as soon after each event as we can. MapRun has its own set of results which you can access on the app, therefore allowing you to follow progress of the results as people participate. You can run the course as many times as you like but only your **first** run will count as your result for the League.

Safety Info: Every effort will be made to ensure the event is safe for competitors and the public. We ask that at all times you adhere to the government's guidance on social distancing and follow the British Orienteering's Code of Conduct which can be found at:https://www.britishorienteering.org.uk/COVID19_Safe_Orienteering
It is vital that all attendees at this event act as ambassadors for the sport of orienteering at all times and consider how their actions may appear in the eyes of landowners or members of the public. Anyone who has symptoms of COVID-19, who is living in a household with someone who has a possible or confirmed COVID-19 infection, or who has been asked to isolate by NHS Test and Trace should remain at home.
You enter and participate entirely at your own risk.

For safety and insurance reasons under 16's must be accompanied on their run by an adult.

As this is a 'run in your own time' event there will not be any First Aid cover.

As always with urban events your biggest danger will be traffic! **The B3177 passes through Ottery. Please take extra care when crossing this road.**

Please be courteous to other people you come across in the area. Take care crossing all roads and keep an eye out for cyclists, pedestrians, as well as cars etc. Oh, and other orienteers! Please be especially careful on narrow paths and lanes and round unsighted corners.

To minimise risk please choose a quiet time of day to run. Perhaps take advantage of the light summer evenings. Remember that safety is more important than results.

Check the weather before travelling and let your next of kin know where you are going.

The area is almost entirely hard paved. Please choose appropriate footwear.

Please take additional care near water courses, especially following heavy rain and use crossing points.

Bright/fluorescent clothing is advisable.

A Risk Assessment has been completed for this event.