

Risk Assessment for Orienteering - RIVER DART COUNTRY PARK 2020
Score Event. Three courses, Short, Medium and Long, maximum 1 hour

Risk assessments are concerned with identifying the hazards (i.e. things which might go wrong or cause an accident/injury), evaluating the likelihood of a particular event occurring (i.e. level of risk) and putting measures in place needed to reduce or eliminate the risk.

Name of Club / satellite club name / after school club		DEVON ORIENTEERING CLUB	
Name of person completing this form	Alan Simpson	Position of person completing this form (coach, organiser etc)	Organiser
Venue for session / event / activity	River Dart Country Park	Date for session / event / activity	22/03/2020
Name of person in charge of session / event / activity		Alan Simpson	
Risk assessment signed		Risk assessment dated	
Risk assessment checked by (name, position and date)	Print name & position (controller): Tom Lillicrap		
	Sign and date:		

Emergency Information

Emergency access point (for emergency vehicles)	Post code / grid reference: SX 741 696 entrance to RDCP Estate	Place from which signed: Peartree exit on the A38, SX 752 690 Follow permanent brown tourist signs to RDCP.
Nearest A&E hospital:	Name and Post code: Derriford, Plymouth, PL6 8DH Exeter or Torbay main hospitals are alternatives	Map available (where): Event Registration
Working telephone:	RDCP Cafe or RDCP Reception office	Mobile 07754 086828 (Alan Simpson)

The Risk Assessment

It is essential that the mitigation column is completed in detail so that the control measures and who is responsible is fully understood in advance of the event and that all staff / helpers are fully briefed.

NB: it is not sufficient only to put warnings in preliminary information as there is no way of being sure that all participants will have read them.

Hazard – note under these headings (see suggested examples to consider)	Possible outcome / injury including note on severity and likelihood of occurrence	Mitigation <ul style="list-style-type: none"> • What control measure? • Who is responsible?
<p>Participants</p> <p>Clothing</p> <p>Existing medical conditions Unexpected reactions/allergies</p> <p>Disorientation/Tiredness</p> <p>Falling into the river, which bounds the competition area on the East side.</p>	<p>Lack of adequate clothing may lead to hypothermia if weather is bad.</p> <p>Dependent on medical condition or reaction.</p> <p>Getting lost may lead to injury and hypothermia.</p> <p>Excessive tiredness could lead to injury and hypothermia.</p> <p>Serious if the river is flowing fast</p>	<p>Whistles are recommended. Cagoules and Whistles to be compulsory if the weather is adverse. Organiser</p> <p>Medical problems will be dealt with by First Aiders located in the Assembly area or A & E at Derriford Hospital, Plymouth. Organiser</p> <p>Safety bearings given in Final Details. Organiser</p> <p>Unlikely, given the one hour time limit</p> <p>Control positioning on the short course was checked to ensure no controls were too close to the river. Organiser</p>
<p>Other people/activities in area</p>	<p>Competitors on courses may collide with members of the general public.</p> <p>Forestry Operations.</p>	<p>The southern wooded sections are only lightly used by the general public.</p> <p>No forestry works are currently expected.</p>
<p>Weather</p>	<p>Adverse weather conditions will affect competitors in a variety of ways from requiring adequate clothing to influencing route choice – either their own or forced on them by amending courses.</p>	<p>Cancellation policy or possible last minute alteration to control locations planned in advance. See Note below.</p> <p>Organiser, Planner and Controller</p>

Equipment Electrical equipment Portable toilets	Danger of tripping over cables to Main Battery in and around tents. Danger of toilets being overturned in high winds, and by vandalism, and leakage of liquids over the ground.	Registration is in the covered area outside the cafe, with an outside mains socket conveniently located on the wall. There are no tents We have use of the permanent visitors' toilet block.
Communication between Assembly, Start and Finish.		Mobile Phone reception is good in the park. Start and Finish officials to carry mobile phones.

Adverse weather conditions

Forecast temperature T	Forecast wind W	Forecast rain/snow R	Duration D
Warm 0	Still 0	None 0	Frequent Shower 1
Cool 1	Breezy 1	Drizzle 1	Frontal rain lasting most of the day 2
Cold 2	Windy 2	Moderate 2	
	Gale Force winds 3	Heavy 3	

Risk = (T + W + R) x D eg:

(1 + 1 + 1) x 1 = 3 OK (2 + 2 + 2) x 1 = 6 OK (1 + 3 + 3) x 2 = 14 Cancel

As a rough guide, if combinations add up to greater than this – Cancel. If windy and with moderate rain, make cagoules and whistles compulsory. Put note to this effect in the final details – come prepared. **Organiser**

Other related documents to be available at the event:

- BOF Incident form,
- Missing persons Procedure,
- Emergency First Aid at Devon Events,
- Proof of Insurance Certificate