## **DEVON ORIENTEERING CLUB**



## Haldon Forest Orienteering Coaching Sessions



Saturday 15<sup>th</sup> April 2023 Saturday 22<sup>nd</sup> April 2023 Saturday 29<sup>th</sup> April 2023 Saturday 6<sup>th</sup> May 2023

9.30am - 11.30am
(Come along at any time within this time window for just 30 mins or the full 2 hours)

These are <u>free</u> sessions aimed at matching your interest and experience of orienteering with some fun navigational practice!

Learn to orienteer if you are a complete beginner or improve your skills if you already have some experience.

All ages, individuals, groups / families welcome! No experience needed!

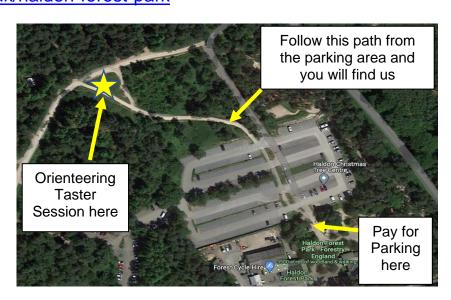
## Doing the Park Run at 9am?

Then why not come along afterwards.

If you would like to attend any of these sessions please email Becca to let us know you are coming: <a href="mailto:coaching@devonorienteering.co.uk">mailto:coaching@devonorienteering.co.uk</a>

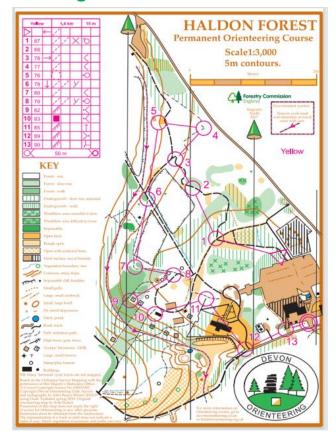
Where: Haldon Forest Park EX6 7XR. https://www.forestryengland.uk/haldon-forest-park

Find us by the picnic tables near to the car park entrance, on the way to the yurt.



What to bring: Suitable footwear for walking / jogging on and off forest trails; please bring a compass if you have one (we can lend you one if not); weather-suitable clothing; water to drink.

## Example of a map & orienteering course:



**Special offer:** If you attend 3 or more sessions, we will give you free membership to Devon Orienteering Club and British Orienteering Federation!

Note: Children must be accompanied by a responsible adult.

**Devon Orienteering Events:** Can't wait for the coaching sessions? Why not come along to one of our regular events? Please click on this link to find out what's coming up: Events|Devon Orienteering