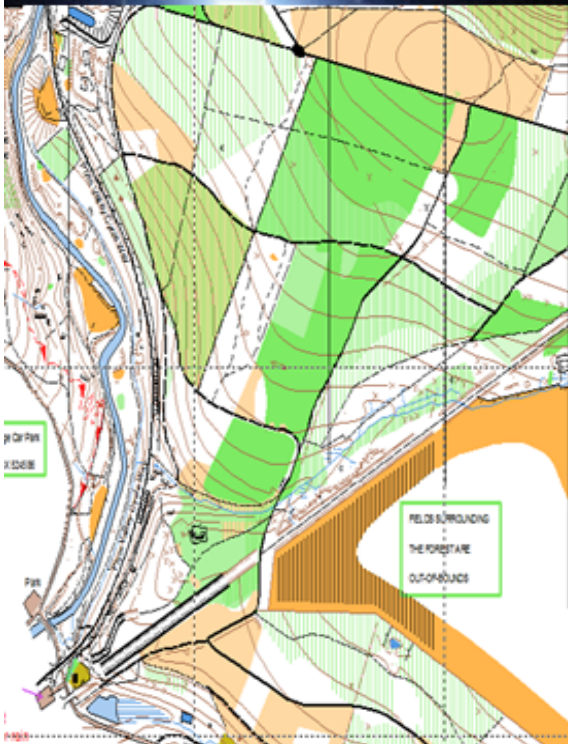


Devon and Cornwall Night League 18/02/17



Plym Forest East



Test your orienteering skills in the dark and add that extra dimension to provide the ultimate navigational challenge.

3 courses

Green 4.4 Km 110m Technical for the experienced.

Jade 3.3 Km 100m Technical for the experienced but less physical.

Orange 2.1 Km 75m All controls on paths and tracks ideal for 1st time night orienteers.

Whistles are compulsory and carry 2 x torches

Start Plym Bridge Car Park Plympton Side GR SX524585

Start times 1800 or when it is dark - 1845

Courses close 2000

Fees £5.00 BOF members £7.00 others £1.00 dibber hire

We meet for food and drink at a local hostelry afterwards to discuss how many and big our errors were!

Tips for the night:

1. If you can turn the dark into daylight with a good torch it helps
2. Sometimes walking is faster than running
3. Stick to obvious paths where possible

For further details see <http://www.devonorienteing.co.uk/events>