

## Ashclyst Forest Event 16-04-2023

**Planner** John Pearce/Malcolm Hilton, **Organiser** Alan Knight/Philippa Bushell -[Email organiser](#)

**Directions: From M5/from Exeter:** postcode EX5 3DU, <https://w3w.co/fattening.moral.position>

GR: SY 00666 99966

**Terrain type:** Forest, some recently cut.

The map (1:10k) is a new one (2023) following extensive forestry work in recent months. It also covers the block N of Caddihoe which has not been used by us for years, so there will be some new terrain for all courses. Much of the area is greener than before, but some areas are improved, so the controls will be concentrated in these areas and avoid the worst blocks.

Forestry work has put a few areas OOB – please respect these. Some long leg options may use paths going through them, but there are no advantages to going into them.

### Entry Details

#### Standard entry fees apply:

£10 standard adult

£3 juniors and students

SI card (dibber) hire will be available for £1.00. Punching will be using SI. SIAC will be enabled.

Provisional course details:

- Brown 8.0k 220m
- Blue 5.7k 140m
- Green 4.6k 100m
- Short Green 3.8k 80m
- Light Green 2.9k 65m
- Orange 2.4k 55m

Courses – there will be NO YELLOW course as it was impossible to plan one from our new car park. The Orange course will be rather shorter and easier than usual, so any youngsters who might have done the yellow could try this. However, shadowing/mentoring is recommended for the younger/less experienced juniors. It does not cross any roads. The Light Green course is shorter than usual (about 3k) but the correct technical level.

The longer courses cross roads, but as these are not busy (except for O'ing cars) there are no official crossing points. Please take care at each.

### Registration and Start times

Starts are from 1030 -1300hrs. Courses will close at 1430hrs. If you are a slower runner, please choose an early start to ensure that you finish and download by 14.30hrs. Controls will be collected from 1430hrs.

Registration: Pre-entry is [via Racesignup](#)

Race Sign Up entries will continue to be taken up to 1800hrs on Thursday 13th April, or until all available maps allocated. There may be a limited number of spare maps for entry on the day, but competitors run the risk of being unable to complete their preferred course should maps run out.

## Facilities

Permanent flush toilets: Located near to the download / registration facilities in the undercover area

## Nearest A&E Hospital

Royal Devon and Exeter Hospital, Barrack Road EX2 5DW

[NHS Urgent care search](#)

## Safety Notes

- All competitors **MUST** download even if you do not complete the course.
- Every effort will be made to ensure the event is safe for competitors, volunteers, and the public. We ask that at all times you adhere to the government's guidance on social distancing and follow the British Orienteering's Code of Conduct.
- Prior to the event, if you display symptoms of COVID, are required to isolate or are otherwise feeling unwell then you are asked not to attend.
- Participants are to bring their own water and ensure adequate hydration pre and post event.
- The area is exposed; therefore, gaiters may be compulsory if the weather is poor. Running in shorts is not permitted.
- Devon OC operate a "No whistle, no go" policy.
- There are some log piles in the area. These must not be climbed.
- Please note that forestry operations have only recently finished in this area. Do not touch any machinery or forestry equipment that may still be present in the area.
- Participants are reminded that orienteering can be a hazardous sport and all competitors take part at their own risk.

**Other users of the area** Participants are asked to respect other users of the area (vehicles, walkers, dog walkers, cyclists, horse riders, wildlife etc).

**Dog restrictions** Dogs are permitted on the event area if kept on a lead; the policy for this event is dogs will be permitted to accompany competitors whilst they are running on their course but must be kept on a lead at all times.

## Important Event Information

**Safety and Risk:** A comprehensive risk assessment will have been carried out by the organiser, but participants take part at their own risk and are responsible for their own safety during the event.

**By taking part in our events you agree to the following:**

- Registration information will be recorded on computer.
- Photographs and/or names may appear on our website or in the media. We will seek permissions where this involves young persons.
- Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course. (Please seek advice at the registration desk on the day if you are unsure of whether the course you are entering is appropriate)
- Events results will be published on the Internet and sent to British Orienteering

**Privacy:** [Read our Privacy Policy](#) to see how we look after your personal data.