



DEVON ORIENTEERING CLUB
Woodbury North
Devon League Event 5
Final Details
Sunday 26 February 2023



General Information:

This is the 5th event in the Devon League. It is a shared event with Quantock Orienteers. Newcomers are very welcome – please do not hesitate to contact the organiser if you have any questions about the event.

Location: The event is taking place on Woodbury Common (North area). The registration tent will be located on the track heading North out of Uphams Wood car park (see Parking diagram). What3Words has been used for the car parks as the nearest postcode will take you elsewhere!

Directions: From M5 Junction 30, take A376 east signposted Exmouth, at first roundabout go straight over following A3052 signposted Sidmouth. After 4.7 miles, turn right onto B3180. After 3 miles, you will reach the B3180 / B3179 crossroads. Turn left. The entrance to Four Firs (Car park 3 is on the right) or if you continue along the road, you will see Car parks 2 and then 1 on your left.

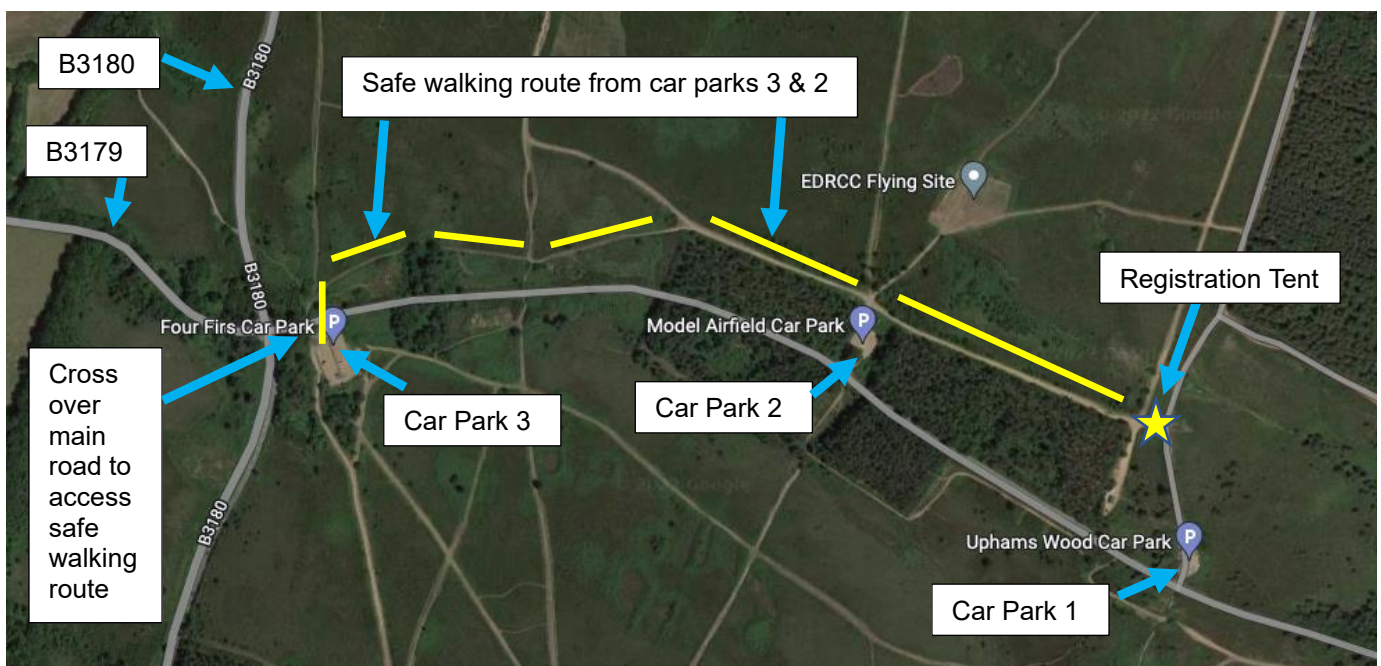
Parking: Is in public car parks which are also well used by other users. The entrances to car parks 1 and 2 have deep potholes, so car drivers are warned to enter and exit car parks carefully. Car sharing is recommended where possible. The car sharing option has been enabled on Race Sign Up to assist with this. There will be car park marshals at car park 1 only.

Car park 1 – Uphams Wood (What3Words: tailors.twitches.cricket)

Car park 2 – Model Airfield (What3Words: cabbage.nightlife.brilliant) (approx. 450m to registration tent via safe walking route)

Car park 3 – Four Firs (What3Words: weeds.growth.thankful) (approx. 1.1km to registration tent via safe walking route). This car park also has a height restriction barrier of 2.2m. To access the safe walking route to the event start, competitors must cross the main road at the entrance to the car park.

Competitors are strongly advised to use the safe walking route marked below and NOT to walk along the main road to the event area if parked in car parks 2 & 3. Devon OC takes no responsibility for competitors if this advice is disregarded.



Terrain:

Woodbury North is part of the Pebblebed Heaths National Nature Reserve, within the East Devon Area of Outstanding Natural Beauty. The competition area includes parts of Colaton Raleigh and Woodbury Commons, in addition to adjoining areas of woodland. From the Commons, there are extensive views of the surrounding countryside and nearby coast.

The area generally slopes downwards from the west, but there are many re-entrants and spurs on the slope, so your run will be undulating. These undulations provide some modest contour detail in places and will also need consideration when making route choice decisions. There are also pits and depressions, some of which are a result of the historical military use of the area. There are numerous paths and tracks within the area, but only the most significant of these are mapped (see map notes section below). You will encounter two or three terrain types on your course:

Open heath:



All courses use the heathland, which consists mainly of Grass, Heather and Gorse vegetation. The courses have been planned to avoid the least desirable areas to run over. Due to the summer conservation grazing which takes place on the Commons, there are some areas of very runnable heathland; courses are directed towards those where possible.

Coniferous plantation:

All courses will visit this area. The plantation is mature and offers some areas of fast running. Where there is vegetation, such as Bracken, this will be at its lowest when the event is held. Nevertheless, courses have been planned to allow easy avoidance of any 'bad' vegetation.



Mixed Coniferous and Deciduous forest:



Competitors on some courses will also have the pleasure of visiting controls in this area. It is fast and runnable. Again, any vegetation will be at its lowest when the event takes place.

Map Notes:

The map scale is 1:10,000, with 5 metre contours, for all courses. It has been updated in January 2023 by John Pearce. Key points to note are:

- Hides have not been mapped, as these are numerous and regularly move.
- In some areas, there are many small animal and mountain bike trails; only the most significant of these have been mapped.
- A black X denotes a sign.
- A black circle denotes a flagpole.

Out of Bounds Areas: There are a number of out of bounds areas marked on the competition maps as follows:

- Highlighted in purple cross hatching are three areas which are out of bounds due to the ecological sensitivity of land in question.
- Highlighted by vertical black lines are the grenade range, where live firing takes place, and agricultural fields.
- Highlighted with purple 'X's are public highways.

Courses have been planned so that there is no advantage to be gained by entering these areas. Notwithstanding this, **it is imperative that all competitors avoid the out of bounds areas in any circumstances.** Failure to adhere to this rule could result in a significant safety risk to yourself and may jeopardise future use of the area for orienteering. Furthermore, any competitors seen in these areas will be disqualified.

Registration: Pre-entry is via <https://racesignup.co.uk>. Pre-entry is preferred where possible for all courses. Race Sign Up registration closes at midnight on Sun 19 Feb 23. There will be a limited number of spare maps for entry on the day, but competitors run the risk of being unable to complete their preferred course should maps run out.

Event timings: Starts are from 1030 -1300hrs. Courses will close at 1430hrs. If you are a slower runner, please choose an early start to ensure that you finish and download by 1430hrs. Controls will be collected from 1430hrs.

Course information: This is a local event with a range of courses available: Brown, Blue, Green, Short Green, Light Green, Orange, Yellow and White. An explanation of the course colours can be found at: <https://www.devonorienteering.co.uk/beginner>. If you are new to the sport and unsure which course to enter, please do not hesitate to contact the organiser for guidance if required.

Course Details.

These are subject to final controlling:

| Course | Length | Climb | Controls | Descriptions |
|-------------|--------|-------|----------|--------------|
| Brown | 8.4km | 290m | 24 | Pictorial |
| Blue | 6.6km | 225m | 18 | Pictorial |
| Green | 5.3km | 150m | 15 | Pictorial |
| Short Green | 3.6km | 110m | 15 | Pictorial |
| Light Green | 4.2km | 130m | 17 | Pictorial |
| Orange | 2.4km | 75m | 12 | Text |
| Yellow | 2.3km | 55m | 13 | Text |
| White | 1.5km | 25m | 11 | Text |

Start/Finish.

The start and finish are close to each other and will sign posted from the registration / download tent.

Entry details:

Standard entry fees apply.

- £10 standard adult
- £3 juniors and students
- SI card (dibber) hire will be available for £1.00. Punching will be using SI. SIAC will be enabled.

Facilities:

Portable toilet: Located near to the download / registration tent.

Clothing dump: For those who have walked in from car parks 2 & 3, you are welcome to 'dump' a change of clothing next to the download / registration tent (at your own risk). You are advised to place it within a waterproof bag.

Safety:

- **All competitors MUST download even if you do not complete the course.**
- Every effort will be made to ensure the event is safe for competitors, volunteers, and the public. We ask that at all times you adhere to the government's guidance on social distancing and follow the British Orienteering's Code of Conduct ([link here](#)).
- Prior to the event, if you display symptoms of COVID, are required to isolate or are otherwise feeling unwell then you are asked not to attend.
- Participants are to bring their own water and ensure adequate hydration pre and post event.
- The area is exposed; therefore, cagoules may be compulsory if the weather is poor.
- Running in shorts is not permitted.
- Devon OC operate a "No whistle, no go" policy.
- Be aware that this area is used for military training. Please do not pick up or seek to examine any unidentified objects.
- There are some log piles in the area. These must not be climbed.
- Participants are reminded that orienteering can be a hazardous sport and all competitors take part at their own risk.
- **The nearest A&E unit is Royal Devon and Exeter Hospital, Barrack Road EX2 5DW** (emergency department open 24hrs).

Dogs:

Dogs are permitted on the event area however, the policy for this event is dogs will NOT be permitted to accompany competitors whilst they are running on their course.

Other users of the area:

Participants are asked to respect other users of the area (vehicles, walkers, dog walkers, cyclists, horse riders, wildlife etc).

Acknowledgements: Thank you to East Devon Pebblebed Heaths Conservation Trust (Woodbury Common) for allowing Devon Orienteering Club to hold this event.

Planner: Ben Chesters

Assistant Planners: John and Ruth Chesters

Organiser: Karen Baker 07970 886010 / karenbaker190@googlemail.com

Controller: Bryan Smith

Results:

Results will be available at www.devonorienteering.co.uk as soon as possible after the event.

All competitors run at own risk and must report to download before they leave the event area regardless of whether they complete the course or not.

For further details on other events and about Devon Orienteering Club see:

www.devonorienteering.co.uk

The personal data you give when registering for the event will be used by the event organiser and their agents for the purposes of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and managed iaw the General Data Protection Regulation (GDPR).