



DEVON ORIENTEERING CLUB



Nuns Cross event

Sunday 24th September 2023

General Information: An orienteering event open to all; novices and experienced orienteers alike. Dartmoor offers excellent terrain for an orienteering event. The event is part of our Devon league series. If you are new to orienteering, please enter and we will be delighted to see you and enter one of our novice courses as Nun's Cross is a challenging area of Dartmoor, requiring appropriate care and can become quite exposed in poor weather.

Devon Orienteering Club thanks Dartmoor National Park Authority for permission to hold this event. Please be considerate to others on the moorland particularly when running looking at your map.

Parking: Princetown County Primary School, Tavistock Road, Princetown. Yelverton. PL20 6QE what3words to parking /// calm.dusters.stump. Access to the playground is via a gate off Bellever Close. NOTE: There are no parking arrangements at the start and finish.

Parking charge: £2 cash donation please and all proceeds are being given to the school as a 'thank you' for giving us permission.

Enquiries, Registration, Download & Results: Registration and Download tent will be in a small quarry near the Start and Finish. The way to the Start will be clearly signposted from the tent and a taped route will take you from the Finish to the download area.

How to get to the start and there are two options.

1 Minibus 16 seater. Devon is using a minibus service which will run continuously throughout the day roughly every 20 minutes until course closure. Please bear this in mind when choosing your start

time. The drive (on the road/lane) to the start is about 2 miles. PLEASE BE PATIENT with the free of charge service the club is kindly providing for you and wear appropriate clothing for the wait and weather.

2 Cycle along the road (follow tape at junctions on main road) to a small quarry where enquires, registration etc is located. Bikes are going to be left at your own risk, near download tent so lock.

How to get back to the primary school and your car, after your run and there are three options:

1 Minibus,

2 Walk along a bridleway (approximate 2 mile).

3 Cycle back along the road or the bridle way.

Road, Bridleway and footpath routes will be available/on display in the car pack and download tent.

Minibus drop-off and collection point: Only a short distance from small quarry/registration & download - follow tape along the road/lane.

Bag drop (covered area): Adjacent to Registration and Download tent.

Terrain: The Nun's Cross area is grass covered open moorland with sweeping hills with streams running down cuttings with low steep sided banks in places. A couple of tracks run through the area with only a few paths of any significance. The area is littered with complex mine workings mainly around the river cuttings with many gulleys, depressions and pits. A man made water course the Devonport Leat runs through the area with many crossing points. During wet periods there are some wet marshy areas including areas of tufted grass which are demanding to cross. The area is very open and susceptible to bad weather, wind, rain and foggy conditions.

Map: Scale 1:7500 Updated 2023 by Mike Wimpenny. Map size for Brown A3 and Yellow - Blue A4.

Control descriptions: Loose and on the map.

Registration and Start Times: Registration open from 1000 to 1230. Start times 1030 to 1330. Courses close: 1430. If you are a slower runner, please choose an earlier start to ensure that you finish and download by 1430.

Entry details: Pre entry to Sunday 17th September. BOF members fees: £10 seniors, £5 novice, £3 juniors and students. Novice £5. Group £6 (2 maps). Dibber charge £1. **Pre-entry is via Racesignup.** Pre entry fee after 17th September or entry on day (only whilst maps are available) Seniors £12. Juniors and students £4. Punching will be SI. SIAC enabled. On the day entry, courses and additional map charge £1 - whilst maps are available.

Facilities: First Aider in bag-drop and registration. Information from competitors about any significant medical conditions should be made known on Racesignup. Refreshments at registration weather depending.

Public Toilets location what3words: cycles.crumble.fiery. The public toilets are just across the road at the public car park adjacent to Princetown Visitor Centre. 20p charge and just a 100m walk from parking:primary school.

Dogs: Sorry, no dogs on the course or on bus. On a lead at all times if you bring them to the carpark.

Clothing and equipment

As the area is very open and susceptible to extreme weather differences, a No Whistle No Go policy is compulsory. In addition full arms and legs covering is advised and if raining on the day a hooded anorak is required and we will ask to see.

Courses

Course	Length	Climb	Controls	Technical ability
Brown	7.6 km	220 m	21	Advanced
Blue	5.8 km	150 m	18	Advanced
Green	4.1 km	100 m	16	Advanced
Short Green	3.2 km	80 m	12	Advanced
Light Green	2.9 km	70 m	10	Intermediate
Orange	2.6 km	60 m	8	Novice
Yellow	2.9 km	60 m	7	Novice

Sorry there is no White course. Our planner has worked hard to include a Yellow course on this area and we would advise that parents shadow children entering this course to ensure their safety whilst competing, or at the very least stay close by the finish to monitor their safe return and wear appropriate clothing for the wait and weather.

Planner Notes

Please bear in mind the following:

- Note the areas shown as Out of Bounds on the map and the associated legend.
- Special symbol tbc by the planner

Organiser notes

- If walking or cycling be aware of traffic on all roads, including reversing vehicles, even though traffic volumes are likely to be small and speeds should be limited.
- Please be patient with us all for organising an event in this style.
- All runners must be aware that Orienteering can be hazardous and they compete at own risk.

Planner: Steve Edmonds DEVON.

Controller: John Moody KERNO.

Organiser: Angela Modica DEVON, Tel: 07951426673, email angela@modicafamily.co.uk

For further details for this event and other events see:

www.devonorienteering.co.uk