



Exeter Quay MapRun!



Thurs 23rd May

Location: Piazza Terracina (Haven Banks side of Exeter Quay) EX2 8GR

Free parking at Haven Banks car park after 6pm. EX2 8DP

1 hour score activity using a mixture of quiet streets, footpaths and parkland alongside River Exe and canal.

£1 entry to cover cost of map printing. As the course uses public roads U16's must be accompanied by an adult.

Registration & Starts: 6.15 - 7pm. Course closes 8pm.

Please come along to this activity to try out smartphone orienteering!

You will need to download the Maprunners app to your phone before you come along. Please see below for instructions on how to do this and more detail of how MapRun works.

Organiser & Planner: Matt Atkins
(please email me at <mailto:ma.atkins@blueyonder.co.uk> to let me know you are coming so that I know how many maps to print)

MapRun Instructions



MapRun doesn't need kites, control units or permanent course posts- just a smartphone app.

How does it work?

Basically, MapRun relies on GPS readings (pinpointed from Google Earth) of locations of **street furniture**, typically lamps and post boxes. Quite a few in the club will already be familiar with urban score events using street furniture where you take a note of say a lamp post number to prove you've visited the site.

With the new method, your control 'punches' are registered via a smartphone, which vibrates or buzzes when you're within about **five metres** of the control.

You prepare by downloading the event onto the free MapRun app. Some events are protected by a PIN code, especially in advance of meets scheduled for certain dates. Once you've loaded up the event, you would activate your run via a PIN code obtained from the organiser.

Traditionalists can be reassured, despite all this technology, paper maps are still being used!

Preparation

You will need a smartphone (obviously!).

Download the MapRun **app** onto your smartphone.

To do this visit: <http://maprunners.weebly.com/>

Note: if you do a Google search for 'Maprunners' or 'MapRun' you will find similar named websites and apps. Some aimed at runners and some aimed at orienteers. Make sure you download the app with this symbol:



You will have the option to either download the app from the Apple App Store (iphones) or from Google Play (Android phones e.g. Samsung Galaxy etc).

You will then need to register your details.

Thats it, you're ready to go!

Exeter MapRun specifics

Before you arrive at Exeter Quay please make sure you have downloaded the MapRun app as above. Open the app and select 'Event List', scroll down and select 'UK', scroll down and select 'Quantock Orienteers' select 'Devon OC' select ExeterQuay v1.3.

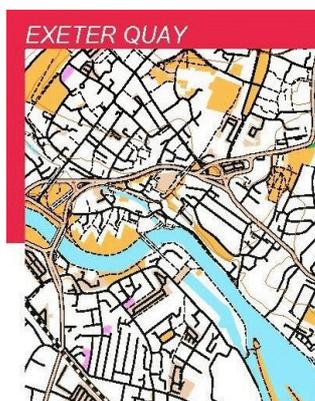
The activity is currently pin protected but will be open from 6pm on 23rd May.

Before you start you will need to make sure your gps function on your phone is enabled. For iphones go to 'Settings' then 'Privacy' and make sure 'Location Services' is switched on (android phones might be slightly different).

You may also want to temporarily alter your Display setting so that your phone doesnt switch to Autolock during your run (this is not essential as MapRun will still run in the background even if the screen goes to Autolock). For iphones go to 'Settings' then 'Display & Brightness' then 'Autolock' and select 'Never'. **If you do change this setting remember to change it back again after your run.**

During your run you will want to keep your phone somewhere. An armband is good or a bum bag etc.

Although your phone screen will display the map you will also be given a paper map. In this case we will be using a map from OpenOrienteeringMap which is a global open-source mapping project. The maps are free to download and look like the extract below:



Once you have activated the GPS, loaded the event, and started the event on your phone you are ready to go to the Start. As at all control points, your phone will recognise the Start location when you get within a few metres of it and you will hear a buzz from it.

Sometimes the app registers you as starting before you've even reached the Start. Try to let the GPS 'settle down' i.e. give it a chance to locate the satellites accurately before going near the Start. If you have a false start, just end your run and try again.

Don't go near the Finish till you actually want to finish, otherwise your run will automatically end.

Safety

The area is a mixture of residential streets, footpaths and parkland with the River Exe and canal running through the centre of the map..

U16's must be accompanied by an adult whilst running their course.

Please be careful when crossing all roads. Look out for cars and also cyclists.

Some of the footpaths are shared with cyclists so please look out for them.

Dog walkers and other pedestrians frequent this area, please be courteous.

Please be extra careful when running alongside the river and canal and obviously only use the bridges to cross them.

A Risk Assessment has been completed for this activity.

MapRun user agreement

The links below give details of MapRun's Terms & Conditions.

MapRunners' user agreement & privacy policy:

<http://myomaps.weebly.com/user-agreement--privacy-policy.html>

Participating in an event: terms & conditions:

<http://myomaps.weebly.com/event-terms--conditions.html>