

South West Orienteering Association



Middle Distance Championships



Braunton Burrows

19th May 2019

Location: SS465326 EX33 2NX

Directions and Parking: Crow Point car park at the southern end of the Burrows. Signposted from A361 Velator Roundabout (EX33 2AZ). There is a £2 charge payable at the entry to the toll road, per car.

Terrain: Complex sand dune system; mainly open and fast with some scrub; a few major tracks, but minor paths are often indistinct or temporary.

Registration 10.00-12.00

Start Times: 10.30-12.30

Courses close: 14.30

Presentation of Certificates: 14.30

Course	Length (km)	Climb (m)	TD	Men	Women	Scale	Colour coded equivalent
1	5.5	210	5	M21		1:10,000	
2	4.7	150	5		W21	1:10,000	
3	5.4	160	5	M35, M40		1:10,000	
4	5.2	160	5	M45, M50		1:10,000	
5	4.7	110	5	M18, M20, M55, M60	W35, W40	1:10,000	
6	4.0	120	5	M16, M65, M70	W45, W18, W20, W50	1:10,000	
7	3.0	100	5	M75, M80, M85	W16, W55, W60, W65	1:7,500	
8	2.5	70	5		W70, W75, W80, W85	1:7,500	
9	2.7	90	4	M14	W14	1:7,500	
10	2.3	70	3	M12	W12	1:7,500	Orange
11	2.0	75	2	M10	W10	1:7,500	Yellow
12	1.3	35	1			1:7,500	White

Map : 'Braunton Burrows South' Map updated Spring 2019 by John Pearce.

Mapper's notes.

The map has been revised over the winter/spring.

Vegetation, especially in the flatter area in the NE (courses 1-6 only), has grown rapidly with the mild winter and hot spring. The dune areas have changed very little. Some scrub clearance continues, but these areas are obvious if done recently.

Paths come and go, especially if the army vehicles have been in. Only clear ones are mapped.

Blue features are subject to frequent water table changes. What is a pond one day can be bone dry a few days later; and be a marsh in between. The map shows the 'average' condition; their state on the day depends on the tides and the recent weather.

Planner's notes.

This is a brilliant area for a 'middle' race and I hope you enjoy the courses as much as I have producing them.

There are several post and wire fences, mapped as "impassable fence" (black line with double tick). These fences are not particularly high, but we are choosing to map them as impassable because we have agreed with the landowner that we will not allow competitors to try to climb over.

Competitors must only cross fences at one of the permitted crossing points marked on the map.

Courses 1-6: make sure you go round any loops the correct way.

Course 11/yellow: there will be one leg helped by smiley faces; and another where you must follow tapes.

Course 12/white: to cross a fence, the approach leg runs along the fence to a stile, then comes back along the other side to the next control. This looks odd on the map but is clear on the ground. A sample map of this leg will be available at the start.

Entry details: SW middle championships should preferably be entered in advance through the Fabian4 website. Entry on the day will be available subject to map availability.

Costs : £12 (seniors) £4 (juniors) if pre-entered by 14th April
£14 (seniors) £5 (juniors) if pre-entered by 12th May
£14 (seniors) £5 (juniors) for late entry or EOD, subject to map availability
Family groups or pairs can enter on the day.

Start and finish: Both less than 400m from registration. Individual start times will be allocated by Fabian 4.

Punching : Controls will be SIAC-enabled, except for Start and Finish, which will require conventional dibbing. SI/SIAC Dibber hire is available (£1/£2) via Fabian4 and on the day.

String course : A map memory challenge that is fun for all ages! Run by the Jackson family in the area just to the West of registration.

Facilities: First aid and toilet facilities in the registration area. Brimbles ice cream will be parked near the assembly area and will have drinks and flapjacks for sale.

Dogs: On leads in the registration area. Not allowed on the course.

Hazards : The burrows are a military training area. Anything found should be left untouched. There may be grazing cattle in the area. These are not a problem for humans, but give cattle a wide berth when passing to avoid startling. There are adders on the burrows. Generally, these will stay well clear of runners, but if bitten then the competitor should inform first aid immediately.

Weather : In the event of hot weather ensure that competitors bring sufficient water and apply sunscreen.

Courses have been planned so most likely route choices avoid standing water.

Planner: John Pearce

Controller : Richard Sansbury QO

Organiser: Tom Lewis, 07938764579, tomlewis71@gmail.com

For further details for this event and other events see:

www.devonorienteering.co.uk

Why not make it a weekend of orienteering in Devon?

18th May. Final event of the Quantock Orienteers Forest League (QOFL6)

Blackborough North (GR ST102083).

Planner Jim Nickolls. Controller Robin Carter (DEVON). Organiser Chris Hasler.

White to Blue courses.

Fees: Adults £7(£10), Junior £3(£4), Family (Social group) £8 (£8)

Pre-entry is available via Fabian4