

## **DEVON SWOL 1 (GALOPPEN) - 13 OCT 19**

### **Planner's Information for Final Details**

- Map and Scale:** 1:7500 with 5m contours for all courses, mixture of A3 and A4. The map has been fully resurveyed in 2019 by Mike Wimpenny.
- Description of Terrain.** Open moorland at around 300m high with rocky Pew Tor in the south. There are many contour and rock features due to past industrial activity including tin mining and quarrying, varying from medium scale quarries to “subsistence” quarrying involving digging around large boulders and splitting them - this has led to a multitude of depressions, often containing broken rock. The vegetation is principally grassland and, in areas, bracken which varies from runnable to walk (double green stripes). Where possible the worst areas of bracken, largely in the south of the area, have been avoided in the planning but where the longer courses pass through it there are plenty of paths to choose from. Some areas have gorse of variable ages - only thickets that extend beyond about 10m are mapped. A profusion of sheep, ponies, and occasionally cattle, keep the grassy areas short and fast. The area is used widely by the public, especially for dog walking, and there are plenty of footpaths, many appearing only as strips of very short grass between taller vegetation. Animal tracks are not mapped. There are some small streams in the area and also leats which are man made water courses that follow the contours.
- Clothing.** Despite being open ground, parts of the area are unsuitable for running in shorts and so in accordance with BOF rules leg and body protection is compulsory. If the weather is poor, cagoules with long sleeves and hoods may also be made compulsory.
- Start and Finish.** The car parking is at nearly the highest part of the area and is exposed. The start is 350m gently downhill from the car park and is relatively sheltered. Orange, Yellow and White courses will have a separate box at the start from where they will follow a marked route for 55m to an out of sight start triangle. The other courses have a start triangle 10m in front of the map boxes. The Finish is immediately adjacent to download and the car park.
- Safety.** Carriage of whistles is compulsory and will be checked. A small number will be available for sale at registration. None of the streams have big catchment areas and are unlikely to be a problem unless there is torrential rain. However the White and Yellow courses do cross one of these streams which is quite wide but very shallow at the crossing point; even after recent very heavy rain it was only ankle deep. However if the flow is substantial a marshal will be positioned there to give any help necessary. The leats can have vertical banks in places but can easily be jumped by most competitors. There are a number of bridges marked on the map and anywhere a path meets or crosses a leat the banks are broken down. An extra easy crossing point without a bridge is marked on the Short Green, Very Short Green and Light Green course maps.

**6. Course Lengths, Climbs etc.** The course details are:

Course	Length	Climb	Controls	Map Size
Brown	9.3km	240m	23	A3
Blue	6.3km	180m	17	A3
Green	4.5km	100m	12	A3
Short Green	3.6km	70m	13	A3
Very Short Green	2.9km	50m	11	A4
Light Green	3.5km	80m	11	A3
Orange	2.7km	75m	11	A4
Yellow	2.3km	50m	13	A4
White	1.5km	40m	10	A4