





## Devon Orienteering Club www.devonorienteering.co.uk

# Local Event: Knightshayes near Tiverton EX16 7RG

### Sunday 9th May 2021

\*\*AMENDED TRAVEL INFORMATION\*\* (30/4/21)

The normal (and NT signed) approach road to Knightshayes, from Bolham, is scheduled to be closed on 9th May. The signs say closed 3rd May for 7 days, which takes us to the 9th, but there's the possibility of course that the works are finished by then. The approach from the South East direction, via Lea Road in Tiverton, remains open.

Acknowledgements: Access is by kind permission of the National Trust

**Venue / Parking:** Entrance to estate at SS 9570 1456. Park in the main car park to the North of the house. National Trust members must bring their membership cards to get free parking (a window sticker is insufficient). Non-members will need to pay for parking.

**Travel:** When travelling to and from the event, participants are advised to only travel within the same vehicle with others from the same household. Please arrive and depart in your kit if possible.

**Other users:** Walkers, some with dogs. Please be considerate to other users. Please ensure all gates are left as found as lambs will be in the fields. Please ensure all litter is removed. Dogs are allowed if on short leads at all times. Please only cross fences at recognised crossing points.

Maps: A4 Portrait 1:7500 scale. Contours at 5m intervals. Bagged maps.

Times: Start Times 1030-1230 hrs in 15 minute start blocks. Courses close at 1400hrs.

#### **Courses**

Short 2.3 km, 65 m climb, 13 controls. Fairly Easy. A relatively easy TD3 course (Orange).

Medium: 4.1 km, 125 m climb, 20 controls. Moderate/More Difficult. TD4, avoiding steep slopes and rough terrain

Long: 6.8 km, 210 m climb, 30 controls. Moderate/More Difficult. TD4 with occasional steep slopes.

#### Terrain / hazards

Courses are mostly in open parkland, making for very fast running, although there is a small section of woodland (with a good track network) on the Medium and Long courses. If the weather has been

dry in the lead up to the event, and on the day, you may reasonably run on this area in training shoes. There is an unfenced pond on all courses. There is a short section on the medium and long courses along the driveway.

Punching: SI. Card hire fee £1.00 per competitor. Lost card charge .

Pre-booked and bagged SI cards will be available at the registration tent. Lost dibbers will be charged £30

**Start & Finish**: Start and finish are within 2 minutes of the event assembly area, which is about 5 minutes from the car park.

Competitors with their own SI cards should proceed directly from the car park to the assembly area, aiming to arrive not more than 5 minutes before the chosen start block. Please observe social distancing requirements at all times.

Only 6 people can be in the start area at any one time, and this includes the helpers. Once the start area has cleared, competitors should proceed forward to fill the space. It does not matter if this means that you end up starting before or after your allocated start block

Download will be "self-service" by dibbing at the unmanned download station after finishing.

Entries and Fees: Strictly Pre-Entry ONLY

Entries will be limited to a maximum of 80 individual runners or family groups.

Individual Seniors £7.00 Family Groups £7.00 Juniors £ 3.00

Pre-entry available online via <a href="https://racesignup.co.uk/site/event.php?eventid=2074">https://racesignup.co.uk/site/event.php?eventid=2074</a> up to midnight 5th May 2021. Competitors directly select their 15min start block. This is to reduce congestion in the car park to comply with our access agreement. Please do try to arrive at the start within your allocated times

Facilities: National Trust toilets can be used. First Aid available.

### Safety:

Every effort will be made to ensure the event is safe for competitors, volunteers and the public. We ask that at all times you adhere to the government's guidance on social distancing and follow the British Orienteering's Code of Conduct which can be found at:

https://www.britishorienteering.org.uk/COVID19 Safe Orienteering

Prior to the event, if you display symptoms of COVID-19, are required to self-isolate or are otherwise feeling unwell then you **must not attend**. Refunds will be given to those unable to attend for this reason.

Please ensure that you do not congregate in groups of more than 6 at any time, and keep a 2m distance at all times where possible. You should not need to enter a tent with another person at any time. If you are required to do this, you will need to wear a face covering.

There will be no car key or baggage drop. All competitors MUST download even if they do not complete the course. Runners must have covered legs. Whistles are compulsory. Cagoules may be made compulsory in adverse weather. Participants to bring their own water and ensure adequate hydration pre and post event.

Hand sanitiser will be available; however, we encourage participants to bring their own. Please ensure hands are sanitised before and after the event. The organiser and the land owner reserve the right to refuse entry to any participants who in their opinion may increase the risk to themselves or others of contracting COVID-19.

Officials: Organiser: Tom Lewis Devon E-mail: tomlewis71@gmail.com

Planner: Damian Wilson (Devon)

Results: Results will be available on the Devon website ASAP after the event.

www.devonorienteering.co.uk

The personal data given at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR). Your personal data may also be used , if requested, as part of the Covid-19 Track and trace service.