



DEVON ORIENTEERING CLUB
Devon Summer MapRun
League 21
Ashburton



Friday 21st May – Sunday 30th May



General Information: This is Devon's contribution to World Orienteering Day and also the first run in our **Summer MapRun League**. Come along and explore the town of Ashburton whilst running a 1 hour Score event.

Organiser & Queries: Email Matt Atkins at <mailto:maprun@devonorienteering.co.uk>

Planners: Dawn Williamson & Paul Bloch

Directions and Parking: Parking at Kingsbridge Lane Car Park TQ13 7DX.
<https://www.gridreferencefinder.com/os.php#gr=SX7549969902>
[Point s A|1](#)

Parking charges apply 9am to 6pm Monday to Saturday 10am to 4pm Sunday, free outside these times. There is also free parking on nearby residential streets but please park considerately.

Terrain: Town centre and residential streets along with some nearby country lanes and footpaths.

Map: 1:10000 scale OpenOrienteeringMap.

Course information: Score event using the MapRun app. You have 60 minutes to go from the Start to the Finish via as many controls as you can. Gain 20 points per control. Lose 10 points per minute – or part minute over

the 60. Visit our MapRun pages for info on getting and using the app:

<https://www.devonorienteering.co.uk/category/maprun>

For those that already have been using MapRun, there is a new version:

MapRun6. We advise that you uninstall any older versions and install this new version.

Course Opening Times: The course will be open from **6pm on Friday 21st May through to 8pm on Sunday 30th May**. You can run the course at any time of your choosing during this period. The course will be closed after this period.

Meet up: There will be an informal meet up on **Friday 21st from 6pm to 8pm**. Matt will be on hand to provide printed maps to those that need them and to offer help with using the MapRun app. Once you have entered via RaceSignUp please email Matt if you are planning on coming to the Meet up.

Start & Finish Locations: The Start is a short walk from the car park at SX 75420 69994

<https://www.gridreferencefinder.com/os.php#gr=SX7542069994|SX7542069994|1>

The Finish is in the Car Park.

Entry details: Seniors £4 / Juniors £2. Online entry only via:

<https://racesignup.co.uk/site/event.php?eventid=2097>

Please note: Due to safety and insurance reasons under 16's must be accompanied on their run by an adult.

Once you have entered you will be emailed a copy of the map on the day the course opens. If you enter after the course has opened we will email you a map as soon as we can.

If you need a map printed, this can be collected at the Meet Up.

Unlike a conventional orienteering event, where you pick up your map after punching the start, you will have the opportunity to study the course and plan your route before you start. You are welcome to do this but we would ask that, for reasons of fairness, you refrain from looking at other competitors tracks in the results section of the MapRun app before you have completed your own run.

League information: This is the first of our **Summer Maprun League** events. The League is very low key and informal, just to provide a bit of competition for those who are keen! There will be 6 events in the series, best 3 results to count towards your final League position. Scoring will be 100 points for the winner of each event, 99 for second, 98 for third etc. You are welcome to run the course as many times as you like over the 10 days that it will be open, but only your **first** run will count towards the League. As this is the first time we have put on a League like this, there may be updates / clarifications to the rules as we go along!

Provisional Dates / Locations:

- **Ashburton** – Course open from 6pm Friday 21st May through to 8pm Sunday 30th May. Meet up: 6pm Friday 21st May.
- **Topsham** – Course open from 6pm Friday 4th June through to 8pm Sunday 13th June. Meet up: 9am Sunday 6th June.
- **Budleigh Salterton** - Course open from 6pm Friday 18th June through to 8pm Sunday 27th June. Meet up: TBC.
- **Exeter City Centre** – Course open from 6pm Friday 2nd July through to 8pm Sunday 11th July. Meet up: TBC.
- **Exmouth** - Course open from 6pm Friday 16th July through to 8pm Sunday 25th July. Meet up: TBC.
- **Ottery St Mary** – Course open from 6pm Friday 21st July through to 8pm Sunday 1st August. Meet up: TBC.

Results:

Final results for each course will be published on the website as soon after each event as we can. MapRun has its own set of results which you can access on the app, therefore allowing you to follow progress of the results as people participate. You can run the course as many times as you like but only your **first** run will count as your result for the League.

Safety Info: Every effort will be made to ensure the event is safe for competitors and the public. We ask that at all times you adhere to the government's guidance on social distancing and follow the British Orienteering's Code of Conduct which can be found at:https://www.britishorienteering.org.uk/COVID19_Safe_Orienteering
It is vital that all attendees at this event act as ambassadors for the sport of orienteering at all times and consider how their actions may appear in the

eyes of landowners or members of the public. Anyone who has symptoms of COVID-19, who is living in a household with someone who has a possible or confirmed COVID-19 infection, or who has been asked to isolate by NHS Test and Trace should remain at home.

You enter and participate entirely at your own risk.

For safety and insurance reasons under 16's must be accompanied on their run by an adult.

As this is a 'run in your own time' event there will not be any First Aid cover.

Please be courteous to other people you come across in the area.

As always with urban events your biggest danger will be traffic! Although Ashburton is generally a quiet town it can get busy in the town centre at times. Please take care crossing all roads and keep an eye out for cyclists, pedestrians, as well as cars etc. Oh, and other orienteers!

To minimise risk please choose a quiet time of day to run. Perhaps take advantage of the light summer evenings. Remember that safety is more important than results.

Check the weather before travelling and let your next of kin know where you are going.

The area is mostly hard paved with some rough country paths. Please choose appropriate footwear.

Bright/fluorescent clothing is advisable.

A Risk Assessment has been completed for this event.